

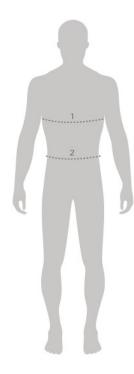
SIZE	CHEST	WAIST	INCH
2020			
XS	88-92	70-74	30"
S	92-98	74-78	32"
М	98-104	78-82	34"
L	104-108	82-86	36"
XL	108-112	86-90	38"
2XL	115-120	90-94	40"
3XL	120-125	94-98	42"
4XL	125-130	98-102	44"
5XL	130-135	102-106	46"
6XL	135-140	106-110	48"
7XL	140-145	110-114	50"
8XL	145-150	114-118	52"
9XL	150-155	118-122	54"
10XL	155-160	122-126	56"

Please note that all measurements are in centimeters.

When measuring for pants the waist measurement will provide the best fit and when measuring for tops the chest measurement will provide the best fit.

If you are between sizes please use the larger size for a comfortable fit.

## **MEN'S SIZE GUIDE**



## How to Measure

- Chest Circumference
   Measure around the fullest part of your chest
   with your arms down. Keep the tape level.
- 2. Waist Circumference
  Measure around the narrowest part of your waistline.
  Located above the belly button and below the rib cage.
  Keep the tape level.

Please note that all measurements are in centimeters.